Crab and Lemon Pepper Bow Tie Salad

Preparation Time: 25 minutes

INGREDIENTS:

2 pkgs.	(8 oz. each) Louis Kemp Crab Delights®
3 cups	dry bow tie pasta
2 tbsp.	lemon juice
6 tbsp.	non-fat sour cream
¼ cup	light mayonnaise
½ tsp.	each black pepper, sugar, dry dill weed
	salt to taste
½	cucumber, seeded and chopped fine
2	green onions, chopped
1	stalk celery, chopped fine
1	small carrot, grated
¼ cup	frozen peas cooked (optional)

Cook pasta according to package directions. Rinse under cold water and drain well. In a large bowl whisk together the lemon juice, sour cream, mayonnaise and seasonings. Add cooked pasta, Crab Delights and vegetables. Toss together well and serve.

Printing Instructions:

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