

Lobster Slaw with Poppy Seed Dressing



Preparation Time: 5 minutes
Makes: 2-4 servings

INGREDIENTS:

1 pkg.	(8 oz.) Louis Kemp Lobster Delights®, Chunk Style*
1 1/2 tsp.	apple cider vinegar
2 tsp.	Dijon mustard
1 tsp.	honey
1 tbsp.	vegetable oil
1/4 tsp.	poppy seeds
1/4 cup	thickly grated green apple
1/2 cup	thinly shredded green & red cabbage
1 tbsp.	chopped flat leaf parsley

In a medium bowl, whisk together the first 3 ingredients then slowly whisk in oil. Stir in poppy seeds then add remaining ingredients and toss gently. Serve immediately.

**Louis Kemp Crab Delights Chunk Style may be substituted if Lobster Delights is not available in your area.*

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