

Lobster Spinach Salad



Preparation Time: 15 minutes

Makes: 4 servings

INGREDIENTS:

1 pkg. (8 oz.) Louis Kemp Lobster Delights®

1 pkg. pre-cut spinach

1 can (4 oz.) sliced mushrooms, drained

8 oz. reduced-fat Italian dressing

Blend all ingredients. Top with Parmesan cheese, if desired.

Option: For a fat-free alternative, use fat-free Italian dressing.

Printing Instructions:

For PC users, right click on this page, select Print.

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